

2nd Dan Black Belt Essay

The essay must be submitted 10 days before the testing date. Please check the event schedule for the testing date.

The number of pages needs to be a minimum of three pages.

Page format: must be typed, singles or double space, font size needs to be 14 or smaller.

Students can choose one or more topics from below.

- Purpose of your next test
- Your training experiences
- Benefits of Training Taekwondo
- Brief history
- Proper Training Manner