

# 1<sup>st</sup> Dan Black Belt Essay

The essay must be submitted 10 days before the testing date. Please check the event schedule for the testing date.

The number of pages needs to be a minimum of two pages.

Page format: must be typed, singles or double space, font size needs to be 14 or smaller.

Students can choose one or more topics from below.

- The purpose of your training in TaeKwonDo
- What and how does TaeKwonDo help you
- Meaning of Black Belt to you
- Future goals in TaeKwonDo