

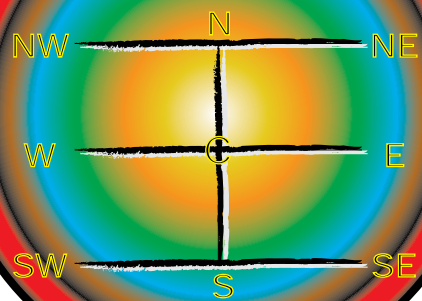
Senior Brown Belt Form (Tae Guk Yook Jang)

This form is to be learned by all senior brown belt students.

Taegeuk 6 Jang symbolizes the "Kam", one of the 8 divination signs, which represents water, meaning incessant flow and softness. New movements are han-sonnal-olgul-bakkat-makki, dollyo-chagi, olgul-bakkat-makki and batang-son-momtong-makki in addition to pyonhi-seogi [at-ease stance]. One should be careful to make the kicking foot land on the ground correctly after dyollyo-chagi and to lower the hand by a palm's length at the time of delivering a batang-son momtong-makki lower than in the palmok-makki. This is practiced by the 3rd Kup-graders.

Total Movements: 19 Moves

Diagram of color belt forms



Jun
Bee



Ready Stance

1



1. Moving left leg to the left, turn 90 degrees NE into left front stance, left hand down block.

2



2. Right leg front kick, landing back into right back stance, left hand outside block.

2.1



3



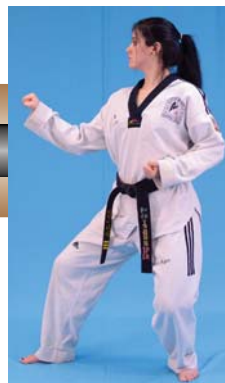
3. Moving right leg to the right, turn 180 degrees NW into right front stance, right hand down block.

4

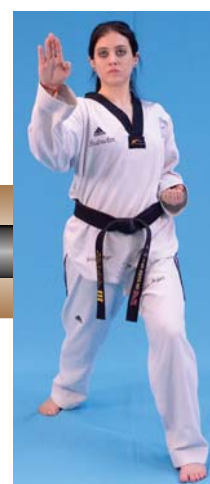


4. Left leg front kick, landing back into left back stance, right hand outside block.

4.1



5



5. Moving left leg to the left, turn 90 degrees S into left front stance, right palm outside block.

Senior Brown Belt Form (Tae Guk Yook Jang)

6



6.1



6.2



6. Right leg roundhouse kick, landing forward to S, moving left leg to the left, turn 90 degrees E into left front stance, left hand outside block, followed by right hand body punch.

7



7.1



7. Right leg front kick, landing forward into right front stance, left hand body punch.

8



8.1



8. Moving right leg to the right, turn 180 degrees W into right front stance, right hand outside block followed by left hand body punch.

9



9.1



9. Left leg front kick, landing forward into left front stance, right hand body punch.

10

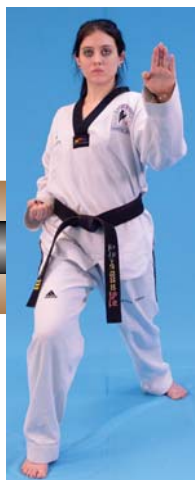


10.1



10. Moving left leg to the left, turn 90 degrees S into parallel stance, tension double down block.

11



11. Moving right leg forward into right front stance, left palm outside block.

12



12.1



12.2



12. Left leg roundhouse kick (KIHAP), landing forward to S, moving right leg to the right, turn 270 degrees SE into right front stance, right hand down block.

Senior Brown Belt Form (Tae Guk Yook Jang)

13



13.1



14



15



15.1



13. Left leg front kick, landing back into left back stance, right hand outside block.

14. Moving left leg to the left, turn 180 degrees SW into left front stance, left hand down block.

15. Right leg front kick, back into right back stance, left hand outside block.

16



17



18



18.1



16. Moving right leg to the left, turn 90 degrees S into right back stance, left double knife hand outside block.

17. Moving left leg, step backward into left back stance (still facing S), right double knife hand outside block.

18. Moving right leg, step backward into left front stance (still facing S), left palm inside block followed by right hand body punch.

19



19.1



BaRo



19. Moving left leg, step backward into right front stance (still facing S), right palm inside block followed by left hand body punch.

Moving right leg, step backward into ready stance.