Orange Belt Form (Tae Guk Yi Jang)

Diagram of color belt forms

NW

NE

W

SW

SE

This form is to be learned by all orange belt students.

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Taegeuk 2 Jang symbolizes the "Tae", one of the 8 divination signs, which signifies the inner firmness and the outer softness. An introduction of the olgul-makki is a new development of Taegeuk poomsae. The ap-chagi actions appear more frequently than in Taegeuk 1 Jang. The 7th Kup-grade trainees practice this poomsae.

Total Movements: 18 Moves

Jun Bee



Ready Stance

1. Moving left leg to the left, turn 90° NE into left walking stance, left hand down block.

TAL S

2. Moving right leg forward into right front stance, right hand body punch.

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3

3. Moving right leg to the right, turn 180° NW into right walking stance, right hand down block.



4. Moving left leg forward into left front stance, left hand body punch.



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5. Moving left leg to the left, turn 90° S into left walking stance, right hand inside block.



6. Moving right leg forward into right walking stance, left hand inside block.

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9. Moving right leg to the right, 10. Left leg front kick, landing forward into left front stance, left hand turn 180° W into right walking face punch. stance, right hand down block.



11. Moving left leg to the left, turn 90° S into left walking stance, left hand high block.

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12. Moving right leg forward into right walking stance, right hand high block.

13. Moving left leg to the left, turn 270° SW into left walking stance, right hand inside block.

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16-1

14. Pivoting both feet to the right, turn 180° SE, into right walking stance, left hand inside block.



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17

15. Moving left leg to the left, turn 90° N into left walking stance, left hand down block.



16. Right leg front kick, landing forward into right walking stance, right hand body punch.



16-1. landing forward into right walking stance, right hand body punch.



Rear View

17-1

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Rear View

17. Left leg front kick, landing forward into left walking stance, left hand body punch.



body punch (KIHAP).

Rear View

18-1



Rear View

BaRo



Return: Moving left leg to the left, turn 180° S into ready stance.

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